



Recovery Made Simple  
www.WellbeingTrackers.com

Re: An invitation to partnership

To whom it may concern,

I am the founder of [www.WellbeingTrackers.com](http://www.WellbeingTrackers.com) and author of “Recovery Made Simple”. I am on a mission to simplify mental health, addiction, and trauma recovery. By making recovery more straightforward, many people will have better outcomes. It’s a revolution. I am looking for communities and organisations that want to be part of this revolution.

I am passionate about this mission. Seeing it become a reality is deeply rewarding and exhilarating. I am eager to share ways to make recovery simpler with anyone interested and excited by this possibility. This is why I do not charge for the support I offer. All I ask is that your organisation or community is also excited about making recovery simpler.

I can share the perspectives and behaviours that are free, easy-to-do, easy-to-understand, quickly implemented, and risk-free.

An excellent way to start a conversation about partnering is to invite me to give a talk about my book to some clients, mentors, volunteers, staff, leaders, stakeholders and community members.

If your community or organisation wants to be a part of this revolution, I am excited about working with you.

Love and light,

Gearóid Carey

Founder of [WellbeingTrackers.com](http://WellbeingTrackers.com)

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