



Recovery Made Simple
www.WellbeingTrackers.com

Re: An invitation to partnership

To whom it may concern,

I am the founder of www.WellbeingTrackers.com and author of “Recovery Made Simple”. I am on a mission to simplify mental health, addiction and trauma recovery. By making recovery more straightforward, many people will have better outcomes. It’s a revolution. I am looking to partner with communities and organisations that are eager to be part of this revolution.

I am passionate about this mission. Seeing it become reality is deeply rewarding and exhilarating. I am happy to share ways to make recovery simpler with anyone excited by this possibility.

I can share perspectives and behaviours that are free, easy to do, easy to understand, quickly implemented and risk-free.

An excellent way to start a conversation about partnering is to invite me to give a talk about my book to some clients, mentors, volunteers, staff, leaders, stakeholders and community members.

If your community or organisation wants to be a part of this revolution, I am looking forward to working with you. It all starts with an email.

Love and light,

Gearóid Carey

Founder of WellbeingTrackers.com

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